



Camp CoBeAc's COVID-19 Preparedness and Response Plan

Communicable Disease Plan (CDP)

The following information has been drawn from LARA's Guidelines for Camp Operations During Covid-19 and from Camp CoBeAc's Health Services Plan. This plan will lay out the many ways that CoBeAc will take to lower the risk of Covid-19 and other communicable diseases being spread at camp.

In accordance with Executive Order 2020-59, Camp CoBeAc institutes this COVID-19 Preparedness and Response Plan.

We aim to protect our campers and staff by enacting all appropriate prevention efforts. We are continually monitoring guidance from local, state, and federal health officials and implementing campsite and programming modifications where appropriate.

Staff, seasonal staff, and guardians/parents of campers with questions are encouraged to contact (POC) our Health Services Director, Kristina Wilson, via phone at 989.295.4387 and/or email at Kristina.wilson@cobeac.org

It is expected that campers and staff arrive for their camp experience in good health. The camp reserves the right not to admit an ill person, and also to dismiss anyone who is suffering from symptoms of Covid-19.

1. Prevention Efforts/Prescreening

a. Testing

- i. CoBeAc encourages all staff, summer staff, and campers to be tested for Covid-19. Staff and campers are encouraged to self-monitor for two weeks before arrival and will be required to communicate this in a Recent General Health Questionnaire (see 1.b.iv). Although we will not require to see testing results, this has been communicated to staff and campers through email and our website. CoBeAc expects all staffers and campers to arrive at camp in good health.

b. Parameters for Campers entering camp

- i. Campers arrive with parent/guardian or by church group.
- ii. Flow of traffic is controlled by the Program Team only allowing enough campers at a time to be processed without creating congestion in the outdoor health check tent area.
- iii. Those campers not yet seeing the Health Tech Team for his/her Health Check stand in line outside until called into the Health Check area for Health Screening.
- iv. During the Initial Screening, campers must turn in their Recent General Health Questionnaire signed by a parent or guardian.
 1. The Recent General Health Questionnaire that must be signed by a guardian within 48 hours of arrival at camp about the two weeks of the

staffer/camper's health, asks: In the last 2 weeks have you had a fever, shortness of breath, or general feeling of being unwell, or knowingly exposed to Covid-19?

2. Responses that indicate a Covid-suspect individual will not be admitted to the camp week.
- v. Upon campers passing health check, they will be brought up to main campus to place belongings unloaded under designated area. Campers are sent to outside handwashing station to wash hands and then head to the counselor meeting area.
- vi. **Procedures for Camper Health Check (Initial Screening)** Health screening occurs by the Health Services Staff at registration in 4 steps, and MUST be done before the camper's parent/guardian/sponsor leaves, and before the camper is taken to the cabin
 1. Temperature Screening: Each camper must have his/her temperature taken (forehead thermometer; no touch thermometer) and be found to be within the normal range (97-99). The CDC considers any temperature of 100.4 or greater to be an indication of ill.
 - a. Each camper must have his/her temperature taken (forehead thermometer; no touch thermometer) and be found to be within the normal range (97-99). The CDC considers any temperature of 100.4 or greater to be an indication of illness.
 - b. Camper's temperature should be recorded on the Health Screening Record sheet.
 - c. If any camper has a temperature at or greater than 100.4 the Health Officer should
 - i. Recheck temperature by the Health Services Director, and if a certain, unquestionable reason (diagnosed, pre-existing, non-contagious) cannot be established (i.e. ear infection, yeast infection already being treated by antibiotic) then the camper will be sent home.
 - ii. Notify the Health Services Director
 - iii. Notify the camper's sponsor/parent/guardian (whomever is present)
 - iv. Verify the camper's Recent General Health Questionnaire
 - v. Isolate the camper and his/her belongings
 2. Lice check: head check for nits.
 3. Health check: general screening questions about health and medications (General Health Questionnaire signed by parent/guardian)
 - a. Health tech will check off camper's name from camper registration list. Look for visible marks (visual screening) or signs of illness and ask questions to assess overall health needs of the camper.
 - i. Questions include:
 1. Do you have asthma?
 2. Do you have any allergies?
 3. Do you have any other medical conditions?
 4. Are you coming to camp with any injuries?
 5. In the last 2 weeks have you had a fever, shortness of breath, or general feeling of being unwell, or

knowingly exposed to Covid-19? (Campers with a present injury or illness must be accessed by Health Services Officer “camp nurse”)

6. Did you bring any medicine to camp, including OTC meds like Tylenol, ibuprofen, or vitamins?

4. Medication Check In

- vii. After passing Health Check, Campers are taken to their cabin to settle their belongings.

c. Parameters for Summer staff entering camp

- i. Arrival is before the summer camp season and staffers remain at camp for the entire summer. The summer staff go through the same Health Check parameters during staff training and are monitored for general health throughout the season.
- ii. If a summer staffer has a pass for leaving the campsite, they will have to follow the prescreening guidelines of answering the Recent General Health Questionnaire and a temperature check.

2. Programming Controls, Physical Distancing, and Cleanliness

a. Camp’s Control Measures

- i. First Aid Kits have been placed in strategic locations throughout the campgrounds. They contain vinyl gloves, gauze, and a mask or face shield. These are to be used when circumstances risk exposure to blood or other body fluids.
- ii. Gloves- Must be worn when hands might come in contact with blood, body fluids, mucous membrane or non-intact skin. Must be worn when handling items or surfaces soiled with blood or body fluids. Hands must be washed immediately after removal of gloves.
- iii. Masks/ face shield- Must be worn whenever splashes, spray, droplets or aerosols of blood or other potentially infectious material may be generated and there is a potential for eye, nose, or mouth contamination.
- iv. Cloth Face coverings- Should be with a staff at all times when campers are here to be worn whenever a staffer is unable to ensure that physical distancing be maintained (whether outside or enclosed spaces), when serving food, when administering first aid and medications. See the Health Services Director if you are in need of a non-medical grade face coverings.
- v. Hand Washing- Hands and other skin surfaces must be washed with an approved germicidal soap immediately after contact with blood or other potentially infectious material and always after gloves are removed.
 1. Before each meal, and upon entering the cabins, campers will in orderly fashion take turns washing hands. Counselors will remind campers to use soap and wash for at least 20 seconds.
 2. Signs are posted in all bathrooms with general guidelines for correct hand washing.
- vi. Training- At Staff Orientation and at Camper Orientation, staff/campers are trained/reminded to wash their hands correctly and often, to cough into their elbow, to maintain personal space, and to communicate if they are not feeling well.
 1. Campers will sleep in their bunks with all lower bunks, pillows in one direction, an all upper bunks with pillows at the opposite. Colored duct tape will indicate direction “Head at Red (tape).”

2. As part of maintaining personal space, campers are encouraged not to share personal items, and to keep their belongings in their suitcase in the designated location.
- vii. Less Sharing of equipment- Programming will strive to minimize shared objects; when not possible, to limit supplies and equipment to one cabin/cohort and to clean and disinfect between use (balls, art supplies, PFD, etc.).

b. Physical Distancing

- i. In the summer camp season, all full-time and summer staff are considered necessary to performing necessary work and supervision of camper and are therefore directed to report on-site. For such workers, CoBeAc abides by the recommended social distancing and other safety measures and establishes the following:
 1. Large gatherings such as chapel services will have increased ventilation, seating will be by cohort/cabin group with physical distancing observed between cohorts/cabins.
 2. Staff and campers are encouraged to maintain physical distance and programming has moved most activities outside.
 3. Camp store (Mineshaft) will allow one cabin/cohort in at a time.
 4. Counselors and campers of the same cabin will move through the camp week as a unit with very little mixing with other cohort/cabins. Staff/camper interactions with people outside their cohort/cabin are modified to allow for additional physical space between parties.
 5. Meal times and seating in the dining hall will have reduced capacity and stagger any through the serving line by cabins. Some meals will be outside picnic style. Most meals will be delivered individually packaged to the cohort/cabin family style at their table(s).
 6. Handshakes, high-fives, and hugs are often part of a celebratory camp moment- but not this year. We will come up with other creative expressions of celebration.

c. Cleanliness

- i. The housekeeping team will pay special attention to disinfect high-touch point areas (i.e. especially bathroom surfaces, light switches, door knobs) around camp each day. Performing routine environmental cleaning and disinfection, especially of common areas.
- ii. Numerous hand sanitizers will be placed in high-traffic areas. New hand washing stations have been created outside the Dining Hall, Lower Courtyard, and Lakefront.
- iii. Where possible, increasing ventilation rates and circulation throughout main buildings, gymnasium, and cabins.
- iv. Counselors will ensure cleaning of cabins each day with campers keeping their belongings separate and in their designated locations. Program and Housekeeping will go into cabins after cleaning has occurred for "Cabin clean up" and disinfect high touchpoints.
- v. Counselors will encourage and remind campers to avoid sharing personal belongings (combs, brushes, Bibles) and not to leave personal belongings on sinks (toothbrushes).
- vi. Counselors will remind campers before every meal and upon entering their cabin to wash hands with soap and water for at least 20 seconds; to utilize hand sanitizer

when soap and water are unavailable; to avoid touching their faces with unwashed hands; to practice respiratory etiquette, including covering coughs and sneezes

vii. Terminal Cleaning of Cabins

1. We have chosen to end camp earlier than our typical summer camp week in order to be able to have a complete and detailed cleaning and disinfecting of the campsite and buildings between camp weeks.
2. The Cabin floors, bathroom surfaces, and all mattresses should be wiped with a disinfectant solution between each camp session (weekly).

d. Ongoing Screening- Daily Screenings for Everyone

- i. The Health Tech team divides up all general sessions and game times to have at least one Health Tech observing campers and staff for health and safety. One Health Tech member is always in the Health Center. All campers who take medications are visually assessed at each medication administration.
- ii. Staff and campers are monitored daily by the Health Tech Team. Daily Temperature checks will be performed at breakfast and the Health Tech team will log for every individual if they fall within the normal range or the specific temperature if elevated at or above 100.4. (See Response protocol 3.a.1)
 1. In the event that a contagious outbreak is suspected, the Health Services Director will contact the Camp Director and Program Director to alert of the situation. Also the housekeeping team will be notified for the areas of concern to be appropriately cleaned and disinfected. If necessary certain areas may be closed while efforts of mitigating the spread of this illness are being made. The Program Director will communicate such information to counselors.
- iii. Many of the full time staff members are American Red Cross trained to respond to emergencies (first aid, cpr, aed). Monthly refreshers and reminders are encouraged through email and/or the A.R.C. app, as well as periodic meeting to address issues seen as relevant to camp health needs. This staff monitors summer staff and camper health daily while moving about camp.
 1. Before the summer camp season begins, all summer staff are trained in general health and updated safety measures to be aware of during a camper week.
 2. Counselors are trained to monitor the general health of the campers in their cabin and to report any concerns to the Health Tech Team.
- iv. Additional Resources
 1. Dr. Jeffrey D. Strickler, MD (989) 422-5122; acts as supervising physician and has reviewed this Health Service Plan, and may be reached by phone for general health consultations by the Health Services Director or Health Services Officer. 9249 W Lake City Rd, Houghton Lake, MI
 2. In the event of any life-threatening emergency do not hesitate to call 911
 3. Covid-19 Testing Site: Mid-Michigan Community Health Services. No appointment needed. (989) 422-5122 9249 W Lake City Rd, Houghton Lake, MI 48629
- v. Staff or campers who develop symptoms during their camp week should immediately report to the Health Officer or Health Services Director.

3. Notification, Identification, and Isolation of Sick and/or Exposed Staff/Campers

a. In order to maintain a safe and healthy campsite a staff/camper who become ill at camp should be isolated and assessed:

i. Isolation- When assessment indicates that a camper/staff is ill, appropriate care must be provided for the individual.

1. Covid-suspect: A staff or camper with a fever of unknown origin over 100.4 will be dismissed from camp. While arrangements are being made, the staff/camper will be kept in the Health Center in isolation, away from other campers and staff until the imminent accommodations can be made for the camper's departure from camp facilities to home.

2. Campers with an infectious drainage should demonstrate proper hand washing and understanding of techniques to prevent cross contamination before they are allowed to participate in activities that place them with or near campers and staff, or remain isolated. These campers will likely remain isolated.

a. Examples: Conjunctivitis (Pink Eye), Impetigo, etc

3. Campers with Gastrointestinal Virus symptoms (Nausea, Vomiting, and Diarrhea) should be kept in the Health Center and away from campers and staff. This year as this is one symptom of Covid-19, this would likely require the camper to be dismissed from camp.

4. The Health Services Director will determine if the Camp Director, Supervising Doctor, insurance carrier, or State Department of Health need to be contacted. The Health Services Director will contact Program Department if areas should be restricted; the Housekeeping Department if certain areas are deemed necessary of cleaning and disinfecting; and the Kitchen to determine the number and type of "Sick Room" meals to be delivered.

5. Reoccurring instances: In the event that the Health Center sees three or more individuals with similar complaints and/or symptoms of a contagious illness (example: sores/rash, fever, gastrointestinal, severe cough) within a 12-hour period, the Health Services Director should be notified. The Health Services Director and Health Officer will assess the individuals and the connections they have had to each other or locations throughout camp to see if there is tangible evidence of a contagious outbreak.

ii. Dismissal from the Campsite:

1. The Health Tech Team should communicate with the Health Services Director, parent/guardian/sponsor of ill camper/staff, and the camper's counselor or staffer's department head.

2. The Health Tech Team will fill out necessary paperwork and keep the individual cared for while the Health Services Director determines if removal from camp is necessary. In the event that a camper is believed to be unwell enough to remain at camp, or in the best interest of the health of other campers, the Health Services Director will contact the camper's sponsor and parent/guardian for the camper's imminent dismissal from camp. In this event, the Housekeeping team will help with retrieving the camper's

belongings and bring them to the Health Center, then the Housekeeping team will clean and disinfect that cabin.

- iii. If someone becomes Covid-suspect at camp, we will call our local health department to report exposure and determine whether close contacts/cabin/cohorts need to leave camp.
- iv. In the event of a possible outbreak, after the week of camp has concluded, the Camp Director, Program Director, and Health Services Director will meet to discuss the parameters of the outbreak and possible actions to mitigate future outbreaks.

4. Return-to-Camp Requirements

- a. Staff who were themselves diagnosed with COVID-19 may only return to work upon confirmation of the cessation of symptoms and contagiousness, proof of which may be acquired via the test-based strategy or the non-test-based strategy.
 - i. The test-based strategy is preferred but relies upon the availability of testing supplies and laboratory capacity. Under this strategy, staff may discontinue isolation and return to work upon achieving the following conditions:
 - 1. Resolution of fever without the use of fever-reducing medications; Improvement in respiratory symptoms (e.g., cough, shortness of breath); **and** Negative results of an FDA Emergency Use Authorized molecular assay for COVID-19 from two consecutive nasopharyngeal swab specimens collected at least 24 hours apart. Due to the summer camp season being so short, there is likely little reason to consider returning.
 - ii. Under the non-test-based strategy, staff may discontinue isolation and return to work upon achieving the following conditions:
 - 1. At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications; Improvement in respiratory symptoms (e.g., cough, shortness of breath); **and** At least 7 days have passed since symptoms first appeared. Due to the summer camp season being so short, there is likely little reason to consider returning.
- b. Employees who came into close contact with, or live with, an individual with a confirmed diagnosis or symptoms may return to work after either 14 days have passed since the last close contact with the diagnosed/symptomatic individual, or the diagnosed/symptomatic individual receives a negative COVID-19 test.
- c. Employees are typically required to submit a release to return to work from a healthcare provider; given the current stressors on the healthcare system, CoBeAc may accept written statements from employees confirming all the factors supporting their release.

5. Plan Updates and Expiration

- a. This Plan responds to the COVID-19 outbreak and communicable diseases for our abbreviated summer camp season. As this pandemic progresses, CoBeAc will update this Plan and its corresponding processes.
- b. This Plan will expire upon conclusion of its need (end of the season or dissolving of Covid-19 parameters, and we will instead rely on our standard CDP), as determined by CoBeAc and in accordance with guidance from local, state, and federal health officials.